

# PSALM 143

**145** I will extol you, my God and King,  
and bless your name forever and ever.

<sup>2</sup> Every day I will bless you  
and praise your name forever and ever.

<sup>3</sup> Great is the LORD, and greatly to be  
praised,  
and his greatness is unsearchable.

**121** <sup>7</sup> The LORD will keep you  
from all evil; he will keep your life.

<sup>8</sup> The LORD will keep  
your going out and your coming in  
from this time forth and forevermore.

**19** <sup>14</sup> Let the words of my mouth and the  
meditation of my heart  
be acceptable in your sight,  
O LORD, my rock and my redeemer.

**139** <sup>14</sup> I praise you, for I am fearfully and wonderfully made.  
Wonderful are your works;  
my soul knows it very well.

**27** The LORD is my light and my  
salvation;  
whom shall I fear?  
The LORD is the stronghold of my life;  
of whom shall I be afraid?

# PSALM 143

Enter not into judgment with your servant,  
for no one living is righteous before you.

For the enemy has pursued my soul;  
he has crushed my life to the ground;  
he has made me sit in darkness like those long dead.

Therefore my spirit faints within me;  
my heart within me is appalled.

my soul thirsts for you like a parched land.

My spirit fails!

PSALM 143

**David is in a state of desperation;  
his soul is not feeling restored.  
So he cries out to God for mercy**

**PSALM 143**

- 1** Hear my prayer, O Lord; give ear to my pleas for mercy!  
In your faithfulness answer me, in your righteousness!
- 2** Enter not into judgment with your servant, for no one  
living is righteous before you.
- 3** For the enemy has pursued my soul; he has crushed  
my life to the ground; he has made me sit in darkness  
like those long dead.
- 4** Therefore my spirit faints within me; my heart within me  
is appalled.
- 5** I remember the days of old; I meditate on all that you  
have done; I ponder the work of your hands.
- 6** I stretch out my hands to you; my soul thirsts for you  
like a parched land.

## PSALM 143

- 7** Answer me quickly, O Lord! My spirit fails! Hide not your face from me, lest I be like those who go down to the pit.
- 8** Let me hear in the morning of your steadfast love, for in you I trust. Make me know the way I should go, for to you I lift up my soul.
- 9** Deliver me from my enemies, O Lord! I have fled to you for refuge.
- 10** Teach me to do your will, for you are my God! Let your good Spirit lead me on level ground!
- 11** For your name's sake, O Lord, preserve my life!  
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## **David knows he needs help**

v.1 - "Lord I need Your help"

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## **David knows he needs help that he doesn't deserve**

v.1 - "Lord I need Your help"

v.2 - No basis in me for this request

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<sup>6</sup> For while we were still weak, at the right time Christ died for the ungodly.

<sup>7</sup> For one will scarcely die for a righteous person—though perhaps for a good person one would dare even to die—

<sup>8</sup> but God shows his love for us in that while we were still sinners, Christ died for us.

Romans 5

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## **David is at the end of his rope**

v. 3-4 — I'm desperate

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v. 6. — I'm still desperate

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**145** 4 One generation shall commend your works to another, and shall declare your mighty acts.  
5 On the glorious splendor of your majesty, and on your wondrous works, I will meditate.  
6 They shall speak of the might of your awesome deeds, and I will declare your greatness.  
7 They shall pour forth the fame of your abundant goodness and shall sing aloud of your righteousness.

**23** The Lord is my shepherd; I shall not want.  
2 He makes me lie down in green pastures.  
He leads me beside still waters.  
3 He restores my soul. He leads me in paths of righteousness for his name's sake.

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## **David pleads with God for help**

v. 7 — I need Your help NOW

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- 7** Answer me quickly, O Lord! My spirit fails! Hide not your face from me, lest I be like those who go down to the pit.
- 8** Let me hear in the morning of your steadfast love, for in you I trust. Make me know the way I should go, for to you I lift up my soul.

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v. 9-10 — I flee to You, You are my God

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