

## Safe, Sheltered, Secure

Psalm 46

Todd Chapman - April 8, 2018

Because God is always with us, we are safe, sheltered, and secure. Always. We never have to be afraid.

**1) We need no fear natural calamities because God is with us.**

**2) WE need not fear opposition because God is with us.**

**3) We need not fear anything or anyone anytime because God is always in control. Always.**

## Safe, Sheltered, Secure

Psalm 46

Todd Chapman - April 8, 2018

Because God is always with us, we are safe, sheltered, and secure. Always. We never have to be afraid.

**1) We need no fear natural calamities because God is with us.**

**2) WE need not fear opposition because God is with us.**

**3) We need not fear anything or anyone anytime because God is always in control. Always.**

## Life Group Discussion Questions:

### Psalm 46

What was your biggest fear growing up as a child? Are you scared about natural disasters? Have you ever experienced one? When?

#### Discuss the Text.

1. Read the Psalm. Attempt to summarize the text into one big idea.
2. How does v1 relate to the Psalm?
3. What is the Psalmist referring to in v2-3?
4. What is the Psalmists encouraging the readers in the midst of the natural disasters?
5. How do the waters of 46:2-3 compare with the waters of verse 46:4?
6. What is the “city of God” referring to? Is this literal or metaphorical?
7. Where are the threats against the city coming from? How will the city of God be protected?
8. What invitation does the psalmist extend in v8?
9. What do God’s actions in v8-9 reveal about who God is or about God’s character?
10. According to v10, how does one accept the invitation extended in v8?
11. What is God saying about Himself and his character in v10?
12. According to v11, how is that correlated to those that follow Him?
13. How would you paraphrase Psalm 46?

#### Apply the text:

1. Is there a difference between God helping us when we are in trouble and God being with us in trouble? Why or why not?
2. Since God is with us in the midst of trouble, how should we respond?
3. What are some things in our world that truly make you fearful? What are the things that you fear?
4. How can we practice being still before God? Why is it so difficult for us to take time to rest with God?
5. Is “Be still and know that I am God” a command or a suggestion? Does knowing who is communicating, change the impact it has on you? Explain?
6. What is one way you WILL remind yourself of God’s presence being with you this week?

#### Live out the Text:

1. After group, take 10 minutes to create a list of lessons from Psalm 46. Journal about which of these lessons means the most to you.
2. Memorize one verse from Psalm 46. Write this verse out on a card and keep in visible for one week. Pray it over and over. Be prepared to share next week on how God was working through this text.
3. Spend 10 minutes of solitude reflecting on and experiencing God’s presence is the most important thing in this life.
4. Engage in conversation with someone yet to believe. Ask them about how they view fear; how they think about the things they fear around them; how they attempt to cope.

## Life Group Discussion Questions:

### Psalm 46

What was your biggest fear growing up as a child? Are you scared about natural disasters? Have you ever experienced one? When?

#### Discuss the Text.

1. Read the Psalm. Attempt to summarize the text into one big idea.
2. How does v1 relate to the Psalm?
3. What is the Psalmist referring to in v2-3?
4. What is the Psalmists encouraging the readers in the midst of the natural disasters?
5. How do the waters of 46:2-3 compare with the waters of verse 46:4?
6. What is the “city of God” referring to? Is this literal or metaphorical?
7. Where are the threats against the city coming from? How will the city of God be protected?
8. What invitation does the psalmist extend in v8?
9. What do God’s actions in v8-9 reveal about who God is or about God’s character?
10. According to v10, how does one accept the invitation extended in v8?
11. What is God saying about Himself and his character in v10?
12. According to v11, how is that correlated to those that follow Him?
13. How would you paraphrase Psalm 46?

#### Apply the text:

1. Is there a difference between God helping us when we are in trouble and God being with us in trouble? Why or why not?
2. Since God is with us in the midst of trouble, how should we respond?
3. What are some things in our world that truly make you fearful? What are the things that you fear?
4. How can we practice being still before God? Why is it so difficult for us to take time to rest with God?
5. Is “Be still and know that I am God” a command or a suggestion? Does knowing who is communicating, change the impact it has on you? Explain?
6. What is one way you WILL remind yourself of God’s presence being with you this week?

#### Live out the Text:

1. After group, take 10 minutes to create a list of lessons from Psalm 46. Journal about which of these lessons means the most to you.
2. Memorize one verse from Psalm 46. Write this verse out on a card and keep in visible for one week. Pray it over and over. Be prepared to share next week on how God was working through this text.
3. Spend 10 minutes of solitude reflecting on and experiencing God’s presence is the most important thing in this life.
4. Engage in conversation with someone yet to believe. Ask them about how they view fear; how they think about the things they fear around them; how they attempt to cope.